

A Comprehensive Training in Clinical Nutrition: A Weekend with the Experts A Seminar for Health Professionals

Learn the Specifics in Treating Over 30 Conditions, Including:

- Autoimmune Diseases
- Attention Deficit Disorder
- Asthma
- Benign Prostatic Enlargement
- Cancer
- Cardiovascular Disease
- Cervical Dysplasia
- Diabetes
- Depression
- Detoxification
- Dysbiosis
- Eating Disorders
- Erectile Dysfunction
- Female Hormone Imbalance
- Fibromyalgia and Chronic Fatigue
- Food Allergies
- GI Tract Ailments
- Hypertension
- Inflammation
- Immune Dysregulation
- Liver Ailments
- Neurodegenerative Diseases
- Osteoporosis
- Skin Disorders
- Thyroid Ailments and Imbalances
- Weight Loss

Presenters:

Art Bartunek, MA • Robert Crayhon, MS, CN • Jay Wilson, DC • David Vaughan, NC • JJ Virgin, CNS

October 4-5 2008 Emeryville CA November 1-2 2008 Santa Monica CA

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A Weekend with the Experts
October 4-5 2008
Emeryville CA
November 1-2 2008
Santa Monica CA

A Comprehensive Training in Clinical Nutrition: A Weekend With the Experts 2008

October 4-5 2008

**Courtyard Oakland Emeryville
5555 Shellmound Street
Emeryville, CA 94608
(510) 652-8777**

November 1-2 2008

**DoubleTree Santa Monica
1707 Fourth Street
Santa Monica, CA 90401
(310) 395-3332**

*Feedback from our April
Training in Greenwich, CT:*

*"One of the best seminars
I've ever attended."*

*"I really appreciate the
professional standard that
is not overridden with
anyone's ego—thank
you."*

*"Outstanding coverage of
all topics by all the
speakers."*

*"I have been to many
conferences. Few teach
me anything new.
This weekend course
was filled with new
information I had not
heard elsewhere that
I am eager to use in my
practice, thank you."*

*"Wonderful to hear
hands-on advice from
experienced clinicians."*

Our goal at Crayhon Research is to make your practice as clinically and financially successful as possible. With that in mind, we offer the highest quality educational seminars throughout the year. We are proud to offer you our Comprehensive Training in Clinical Nutrition twice in California this fall. This is the single most important weekend seminar you can attend in order to upgrade your practice to a state-of-the-art level. This one-of-a-kind seminar will teach you how to use food and nutrients in light of the latest nutrition research and clinical findings in order to help your patients heal. Like all Crayhon Research seminars, the educational material presented is noncommercial, will not promote any products of any kind, but is entirely educational in nature, focused on making your practice the best it can be.

Frequently Asked Questions

Who may attend?

This seminar is designed for health-care practitioners and their staff. Laypersons, media and others may attend as long as they are aware of the advanced level of the material presented.

Do you offer group discounts?

Yes. Groups of five or more may attend for \$195.00 each, and ten or more for \$150.00 each. These group registrations must be received by September 1st, 2008 in order to receive this rate.

Can I attend single days of the seminar?

Yes. Single days of the seminar are available for one half of what the full registration price is at whatever point you register.

Do you offer student discounts?

Students may have an additional 25% off all listed seminar fees, and this discount may be applied in addition to group discounts. Proof of full-time student status must be faxed or mailed to our office along with your registration in order to receive a student discount.

Do you offer scholarships?

We reserve a few places at each Crayhon Research seminar for practitioners who may not be able to afford the seminar but still wish to attend. If you are a practitioner lacking the means to pay for this conference, but know it would be of value to your practice, write Robert Crayhon a letter detailing your situation and desire to attend. You may fax your letter to (775) 856-3313, or mail it to Robert Crayhon, Crayhon Research, Inc., 5355 Capital Court, Suite 101, Reno, NV 89502.

Will continuing education credits be available?

We expect to be able to offer 12 hours of CEUs for dietitians and nutritionists, and we will be working on receiving them for other health care practitioners. Note that we will not be able to offer CEUs for either chiropractors or medical doctors. We can, however, offer you certificates of attendance which you may then turn in with the course materials in order to apply for CEUs.

ADA Statement

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate any requests you may have. If you have any special requests, please call 775/823.5333 on or before April 10th, 2008.

THE MOST IMPORTANT WEEKEND NUTRITION SEMINAR YOU WILL EVER ATTEND

Seminar Schedule

Saturday

8:00-9:00 The Background to Diet and Nutrient Therapy:

Robert Crayhon, MS, CN

9:30-11:00 Phytosterol and Antioxidant Therapy in the Management a Wide Range of Conditions: Art Bartunek, MA

11:20-12:00 The Food Pharmacy Software: David Vaughan, NC

12:00-1:30 Lunch on your own

1:30-3:30 Using Nutrition and Natural Medicine to Treat Autoimmune Diseases, Osteoporosis, Cancer, Cervical Dysplasia and Prostatic Hypertrophy: Jay Wilson, DC

4:00-5:00 Panel Discussion in the Management of a Range of Ailments: Bartunek, Crayhon, Vaughan, Wilson

Sunday

8:00-9:00 Treating Neurodegenerative and Other Conditions with Nutrition + How to Use Our Diets to Customize Programs for Your Patients: Robert Crayhon, MS, CN

9:30-10:40, 11:00-12:00 Using Nutrition and Functional Medicine to Treat Fibromyalgia/CFIDS, Dysbiosis, Hormone Imbalances in Women, Cardiovascular and Neurodegenerative Ailments: Jay Wilson, DC

12:00-1:30 Lunch on your own

1:30-3:00 Promoting Bone, Joint and Gastrointestinal Health:

Art Bartunek, MA

3:30-5:00 Creating and Promoting a Successful Nutrition Practice:

JJ Virgin, CNS

Speakers

Arthur W. Bartunek, MA is one of the most experienced nutritionists in treating a wide range of difficult health conditions successfully with nutritional and botanical interventions. Working with Robert Bard, MD, in New York City, he has pioneered the use of



beta-sitosterol based antioxidant nutrition for promoting the health of cancer patients. Along with Dr. Bard, Art is currently working on an updated version of the book "Prostate Cancer Decoded: Non-Invasive Breakthrough Treatments." Art is expanding this work into a practice-based General Systems Theory approach to diet and supplements for cancer, inflammation, and related conditions.

Robert Crayhon, MS, CN has been called "one of the top ten nutritionists in the country" by *Self magazine*. He is the author of four books, including *Robert Crayhon's Nutrition Made Simple* and *The Carnitine Miracle*. Robert also co-wrote *Dr. Atkins Vitanutrient*



Solution. Robert has been published in the *New York Times* and the peer-reviewed literature, and has produced over 100 hours of educational CDs for health care practitioners on the latest findings in nutritional biochemistry and their clinical applications. Robert was educated at Colgate University, Oberlin College, and the Union Institute, and is a nationally certified nutritionist through the National Institute of Nutrition Education. He maintains a nutrition practice in New York City.

David Vaughan, NC has more than twenty years of clinical experience in traditional and alternative medicine treating a wide range of ailments with nutrition. A long-time advocate of optimal and personalized nutrition therapy, David has in his career co-founded several healing centers, including Alternative Medical Arts Associates and West Seattle Healing Arts. In addition to teaching nutritional seminars, he consults for physicians and maintains a part-time nutrition practice in Seattle. He is also the creator of FoodPharmacy Diet Therapy Software.



JJ Virgin, CNS is widely recognized as one of the most successful nutrition and fitness experts in America today. A graduate of UCLA, she has attended six different graduate and doctoral programs. She has twenty years experience as a nutritionist, personal trainer, and business owner. She has been teaching workshops on all aspects of business and marketing for health care professionals for the past decade, and is one of the few business trainers in our industry who is actually out in the field working successfully as a practitioner. She has made numerous network television appearances, including two seasons on Dr. Phil, and is regularly featured in magazine, website and newspaper articles.



Jay Wilson, DC has maintained a nutrition and chiropractic practice in Boulder, CO, from 1985 to present. He is one of the most clinically experienced practitioners extant in the application of nutritional, herbal and functional medicine in the treatment of chronically ill patients. He is also an expert in the integration of recent advances in natural therapeutics and laboratory diagnosis into a patient-centered approach towards natural healing. Dr. Wilson has taught numerous post-graduate seminars in clinical nutrition, clinical kinesiology, and herbal medicine, specializing in the integration of recent advances in natural therapeutics and laboratory diagnosis with applied kinesiology techniques. Dr. Wilson was educated at the University of Colorado, Western States Chiropractic College, and the National College of Naturopathic Medicine. He has also received extensive training in Applied and Clinical Kinesiology, Clinical Nutrition, Traditional Chinese Medicine, Functional Medicine, Western and Oriental Herbal Medicine, and Cranio-sacral Therapy. He has also been certified in acupuncture by the Colorado Board of Chiropractic Examiners. Dr. Wilson is a member of the scientific advisory board of Crayhon Research.



REGISTRATION FORM: A WEEKEND WITH THE EXPERTS 2008

✓ **Check Which Seminar You Wish To Attend**

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5555 Shellmound Street
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(510) 652-8777

November 1-2 2008
DoubleTree Santa Monica
1707 Fourth Street
Santa Monica, CA 90401
(310) 395-3332

Name: _____ Degree: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

How did you hear about this seminar? _____

Registration Fee:

Before September 1st 2008 ____ **\$295** **After September 1st 2008** ____ **\$395** **On-site** ____ **\$495**

Payment method: _____ Check/Money Order _____ Visa _____ MasterCard _____ Discover _____ AMEX

Total amount enclosed/to be charged to credit card: \$ _____

Credit Card Number: _____ Exp. Date: _____

Signature: _____

Name on Card: _____

Billing Address: _____

Refund Policy: \$50.00 refund fee for all cancellations before September 15th, 2008. No refunds can be given after September 15th, 2008. Non-refunded seminar funds can be applied to future seminars offered by Crayhon Research. Speaker schedule subject to change, though it is unlikely to occur.

To register by phone
 call 877-272-9466
 8:00 AM–4:00 PM [PT]
 by fax 775-856-3313

To register by mail
 Crayhon Research, Inc.
 5355 Capital Court , #101
 Reno, Nevada 89502 USA

See page 2 for scholarship, group discount, student discount, and single-day registration information.